

One in four families is affected by mental illness. These no-fault, neuro-biological brain disorders are equal opportunity, not specific to any race, religion, age, educational background or income bracket.

NAMI is dedicated to improving lives of individuals and families affected by:



- Major depression
- Schizophrenia
- Bipolar Disorder
- OCD
- Panic disorder
- Post-traumatic stress
- Borderline personality
- Traumatic brain injury
- Anxiety disorder

EDUCATION

Free courses focusing on helping families and individuals understand and cope with mental illness.

ADVOCACY

To increase public awareness, reduce stigma, promote improved services and quality of life.

SUPPORT

Group meetings to share coping skills and strategies.

TRAINING

Crisis Intervention Team training for law enforcement officers responding to persons with mental illness in crisis. When calling 911, request a CIT officer.

NAMI Pasco County, FL, Inc.
P.O. Box 412
Elfers, FL 34680
(727)992-9653
www.namipasco.org
501(C)3 not-for-profit organization

NAMI is the nation's largest grassroots organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation's voice on mental illness.

SUPPORT GROUPS:

NAMI Family Support is peer facilitated and targeted towards helping family, friends, caregivers who have a loved one with a mental illness; by sharing experiences, compassion and understanding in confidence.

NAMI Connection is a recovery support program for adults living with mental illness in which people learn from each others' experiences, share coping strategies, and offer each other encouragement and understanding.

EDUCATION:

Family-to-Family is a free 12-week course for civilian and military family caregivers of individuals with severe mental illnesses. Curriculum includes topics of clinical treatment, research, in-depth communication and coping skills and community resources.

Peer-to-Peer is a free 10-week unique, experiential learning program for people with any serious mental illness who are interested in establishing and maintaining their wellness and recovery.

NAMI Basics is an education program for parents and caregivers of children and adolescents living with mental illness. Course taught by trained instructors who are the parent or caregiver of individual who developed the symptoms of mental illness prior to age 13.

Visit our website for monthly calendar of events
www.namipasco.org

